



Senior Services of Central Illinois

SPONSOR A SENIOR CHANGE A LIFE

Through your donation today.

Every day, thousands of seniors face challenges getting to medical appointments, grocery stores, or simply accessing a warm, nutritious meal. Sangamon County is home to nearly 37,000 seniors, and with a food insecurity rate of 13.3%, an estimated 5,000 struggle to meet their nutritional needs. In Fiscal Year 2025, the Daily Bread Program delivered 122,733 meals to 1,138 seniors, yet access to food is only part of the equation. Many older adults can no longer drive due to health or mobility challenges, making reliable transportation essential for maintaining independence, receiving healthcare, and staying engaged in their communities. In Fiscal Year 2025, the Senior Transport program provided 12,527 one-way rides to 356 seniors, helping them stay mobile and connected. Your support can help bridge these gaps and bring dignity, mobility, and nourishment to those who need it most, making a real, tangible difference in their lives.

What Your Support Provides

Your contribution directly funds essential services that promote independence, dignity, and well-being for older adults in our community.

- A \$50 donation will provide 10 hot, nutritious meals or 10 round-trip rides to vital destinations like doctor visits or grocery stores.
- A \$100 donation will provide 20 meals – a full month of support for a senior – or 20 round-trip rides.
- A \$250 donation will provide 50 meals or 50 round-trip rides.
- A \$500 donation will provide 100 meals or round-trip rides – nearly 6 months-worth of meals or a years-worth of transportation.

Why It Matters

Meals provide more than nourishment – they offer comfort, routine, and a sense of care. Transportation empowers seniors to stay active, attend appointments, and remain connected to their communities. Your donation helps reduce isolation, improve health outcomes, and restore dignity.

How You Can Help

Whether you give \$50 or \$500, your generosity goes directly toward services that seniors rely on every day. You're not just giving a ride or a meal – you're giving hope, independence, and connection.

Donate today. Sponsor a senior. Be the reason someone feels cared for.

**Scan the QR Code OR Checks can be mailed to:
Senior Services of Central Illinois
Attn: Fiscal Office
701 West Mason
Springfield, IL 62702**

