
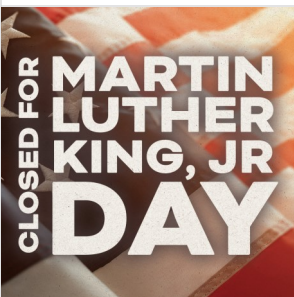



JANUARY DAILY BREAD MENU

MON	TUE	WED	THU	FRI
				
			02 Steak Taco Spanish Rice Fiesta Beans & Corn Mango Fruit Juice	03 Chicken, Broccoli, & Cheese Casserole Red Beans Carrots Diced Pineapple
06 Italian Sausage, Penne Kidney Beans Zucchini Apple, Peanut Butter Dinner Roll & Butter	07 Fried Chicken Red Potatoes Sweet Peas Peach Crisp Dinner Roll & Butter	08 Shepherds Pie Butter Beans Southwest Veggies Apple Sauce & Raisins Sliced Bread & Butter	09 Breakfast Casserole Roasted Potatoes, Onion, & Peppers Warm Country Apples Nutri-Grain Bar, Juice	10 Stuffed Peppers Mashed Potatoes Squash Grapes Sliced Bread
13 Biscuits & Gravy Breakfast Potatoes Scrambled Eggs Grapes Orange Juice	14 Red Beans & Rice with Italian Sausage Broccoli Mandarin Oranges Sliced Bread	15 Meatloaf Au Gratin Potatoes Cream Style Corn Strawberries, Mango Dinner Roll	16 BBQ Rib Tips Mac n Cheese Cauliflower Diced Pineapple Dinner Roll	17 Roasted Chicken Roasted Potatoes Green Beans Apple Pie & Ice Cream Corn Bread
	21 Pigs in a Blanket Scrambled Eggs Silver Dollar Tots Apple Slices Yogurt	22 Cabbage Rolls Navy Beans Spinach Fruit Cocktail Sliced Bread	23 Crispy Chicken Sandwich Potato Wedges Carrots Tropical Fruit	
	27 Meatball Sub with Mozzarella Red Beans Spinach Fresh Orange	28 Ham & Beans Mac n Cheese Brussels Sprouts Mixed Berries Dinner Roll	29 Salmon Patty Steamed White Rice Sweet Peas Diced Pears Bread & Butter	
				31 Grilled Chicken Wild Rice Asparagus Diced Peaches Sliced Bread

THINGS TO KNOW

Athens (217) 801-4914; Chatham (217) 483-3792; Greenview (217) 968-5323; Petersburg (217) 632-4314; Tallula (Monday, Tuesday, Wednesday only) (217) 801-4469; Auburn (217) 691-1909; Divernon, Pawnee, Riverton, Rochester, Springfield, Sherman, & Williamsville (217) 528-4035 (ext. 121 for dining Room, and ext. 123 for Home Delivery). Dining Rooms open at 10:00 am Monday—Friday. Meals served with whole wheat bread & 1% milk. Menu is subject to change. Meals partially funded through AgeLinc. Suggested donation of \$3 for persons 60 and over, \$5.75 fee for persons under 60. Please make checks payable to “Daily Bread”. To reserve or cancel, please call your local Site Manager at least one day ahead.