

## Caregiver Support Groups

### Springfield Regional Office

Serving Adams, Brown, Cass, Christian, Greene, Logan, Macon, Macoupin, Mason, Menard, Montgomery, Morgan, Pike, Sangamon, Schuyler, and Scott counties.

**Listings are current as of July 15, 2022 and are subject to change. Please call the Alzheimer's Association Helpline at 1.800.272.3900 to register or register online at [alz.org/crf](http://alz.org/crf).**

### In Person

#### **Hope Presbyterian Church Support Group**

2211 Wabash Avenue  
Springfield, IL  
2<sup>nd</sup> Thursday of each month  
6 pm to 7 pm

#### **Senior Services of Central Illinois**

701 W Mason  
Springfield, IL  
2<sup>nd</sup> Tuesday of each month  
1 pm to 2:30 pm

#### **Winchester Methodist Church**

20 N Walnut St.  
Winchester, IL  
3<sup>rd</sup> Saturday of each month  
9 am to 10 am

### Virtual/Phone

#### **Virtual/Phone Caregiver Support Group**

1<sup>st</sup> Tuesday of each month  
2 pm to 3 pm

#### **Men's Caregiver Support Group**

A specialty group for men only  
4<sup>th</sup> Thursday of each month  
6 pm to 7 pm



**Registration is required for all virtual/phone caregiver support groups and is recommended for in-person groups.** In-person groups may require masks, social distancing and other Covid mitigations, depending upon local health guidelines and host site requirements.

We have support groups nationwide. For additional virtual/phone groups, in-person groups in other areas, specialty groups, or early-stage groups, please call our 24/7 Helpline at 1.800.272.3900 or visit [alz.org/crf](http://alz.org/crf).